

Team Working (1-day)

Suitability: All students

Course Overview

Moving on from education and into paid work requires the ability to work as part of a team. In the world of commerce, little is achieved in isolation, whereas big gains are made from collaboration & teamwork. Understanding how to join a team, perform as a team and excel within a team will stand you in good stead to shine at interviews and succeed in your first job.

The student will be able to:

- Describe the characteristics of a high performing team
- Demonstrate the behaviours of a great team member
- Communicate clearly to individuals and groups
- Explain the purpose of a varied blend of skills within a team
- Recognise why conflict occurs and how to use it to achieve positive outcomes

Key Learning Points

- What makes a high performing team?
- Where do teams go wrong?
- What makes a great team member?
- Identifying team roles and individual strengths
- The stages of team development
- How to build trust within a team
- How to communicate effectively with teams and individuals
- Working with conflict to achieve better results
- Resolving conflict that is detrimental to team performance
- The role of goals and feedback within teams

Methods and training style used

Fast moving, informal training style, combining lecturing, group discussions and team activities with group presentations provide the students with tangible practical skills, which they can use in their new place of employment or as a business start up. They receive electronic handouts of the presentation slides used.

Further outcomes

The student will feel more confident when selling him or herself in an interview, as they will be able to answer the key question: "What makes an effective team and how would you show that you are a great team player?"

On completion of this module

Each student will complete a 'what have I personally gained from this module' form to complete, identifying three key benefits from the day. The students will be given an interim task to complete demonstrating their team working skills and they will assess their own performance.